



# SANGOSHTHI

THE SEMINAR SOCIETY  
RAM LAL ANAND COLLEGE  
UNIVERSITY OF DELHI



*Two enlightening seminars were held at Ram Lal Anand College, each addressing distinct yet critical aspects of knowledge and well-being. The first seminar, titled 'Research to Innovation: Defining the Future of India,' featured Prof. Zahid Ashraf, Head of the Biotechnology Department at Jamia Millia Islamia, as the esteemed speaker. The event took place on January 27, 2023, with an enthusiastic audience of over 100 students in attendance. The second seminar, 'HPV Awareness and Sexual Well-being,' was conducted on October 17, 2022, and featured Dr. Saumya Prasad, a senior consultant at Maitriva Advanced IVF and training centre and former assistant professor, Safdarjung Hospital.*

## SEMINAR 1 : RESEARCH AND INNOVATION ( January 27, 2023 )

*Prof. Zahid Ashraf, a luminary in the field of biotechnology and research, delivered an inspiring talk on the significance of research in driving innovation and shaping the future of India. He emphasized the pivotal role of research institutions in nurturing talent and fostering a culture of inquiry. Prof. Ashraf's insights into the challenges and opportunities in the biotech sector resonated strongly with the students.*

*The seminar addressed the imperative of translating research findings into practical innovations that address societal needs. Prof. Ashraf presented real-world examples of research-driven innovations that have made a substantial impact, underlining the potential for positive change in India.*



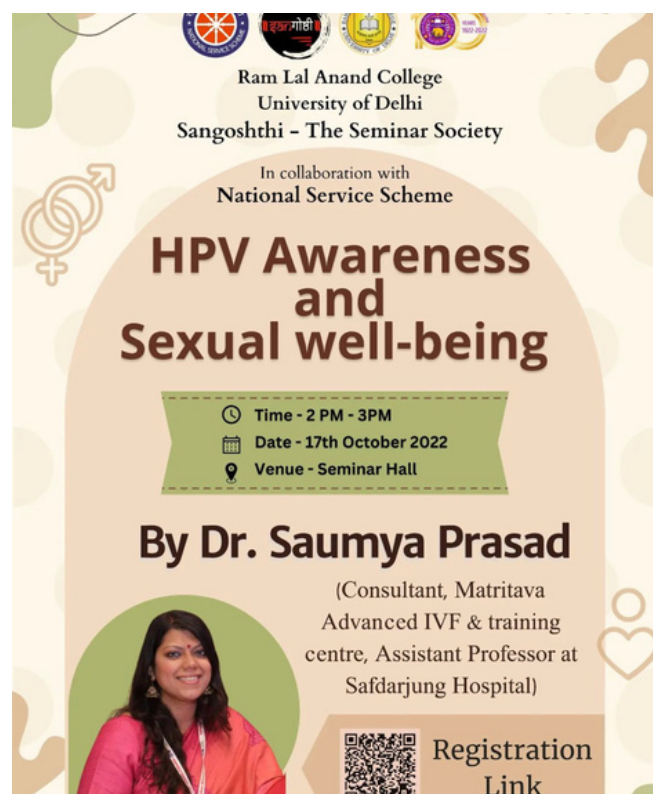
## Seminar 2 : HPV Awareness and Sexual Well-being ( October 17, 2022 )

**Dr. Saumya Prasad, an expert in sexual health and a senior consultant at Advanced IVF and Training Centre, led an informative session on HPV awareness and sexual well-being. Her presentation aimed to shed light on the Human Papillomavirus (HPV), its prevalence, associated risks, and preventive measures.**

**Dr. Prasad delivered a comprehensive talk on the importance of early detection of HPV infections and the role of vaccination in preventing cervical cancer. She highlighted the need for open and informed discussions about sexual health, emphasizing that awareness and responsible behavior can significantly reduce the risk of HPV transmission.**

**In addition to discussing the medical aspects, Dr. Prasad emphasized the importance of breaking the stigma surrounding discussions about sexual health. The seminar provided a valuable platform for students to ask questions, seek clarifications, and engage in a candid dialogue on a subject that is often considered taboo.**

**In conclusion, both seminars made significant contributions to the intellectual growth and awareness of the student body. Prof. Zahid Ashraf's seminar underscored the potential of research in driving innovation, while Dr. Saumya Prasad's session illuminated critical aspects of sexual health. The institution is grateful to these esteemed speakers for sharing their expertise and knowledge, thereby enriching the educational experience of the students.**



The poster features logos of Ram Lal Anand College, University of Delhi, Sangoshti - The Seminar Society, and National Service Scheme. It includes the title 'HPV Awareness and Sexual well-being', the speaker's name 'By Dr. Saumya Prasad', her credentials, a QR code for registration, and event details: Time - 2 PM - 3PM, Date - 17th October 2022, and Venue - Seminar Hall. A small photo of Dr. Saumya Prasad is also present.

